

Tyn Dwr Outdoor Centre School Sample Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Includes Fruit Juice		5 Item breakfast + Cereals	5 Item breakfast + Cereals	5 Item breakfast + Cereals	5 Item breakfast + Cereals
Lunch	Packed Lunch Includes: Sandwich Flap Jack Water Fresh Fruit Crisps	Packed Lunch Includes: Sandwich Flap Jack Water Fresh Fruit Crisps	Packed Lunch Includes: Sandwich Flap Jack Water Fresh Fruit Crisps	Packed Lunch Includes: Sandwich Flap Jack Water Fresh Fruit Crisps	Packed Lunch Includes: Sandwich Flap Jack Water Fresh Fruit Crisps
Evening Meal Includes Salad bar and Iced water with Cordials	Chilli con Carne With Rice or Chips (V)Jacket Potato with Cheese or Tuna + Pudding	Lasagne with Garlic Bread (V) Tomato Pasta with Cheese + Pudding	Fish & Chips Pizza & Chips + Pudding	Tyn Dwr BBQ + Pudding With Presentations	Depart
Extra £1.50					
Supper Includes a hot or cold drink	Crumpets	Toasties	Home baked Cookies	Chocolate Fondue with marshmallows and fruit	