



PRO-ACTIVE ADVENTURE

Action & Adventure Wilderhope



	Day 1	Day 2	Day 3
		Breakfast: 8:00	Breakfast: 8:00
Activity	Arrive	Sit On Top Kayaking	Depart
	Lunch:	Lunch: 13:00	Lunch:
Activity	Climbing & Abseiling	Raft Building	
	Evening Meal: 17:30	Evening Meal: 17:30	
Activity	Optional Extra	Optional Extra	

This is a sample programme only and can be changed to suit your needs, simply choose from any of the activities listed below at no extra cost. All activities will be delivered at an age and ability appropriate level.

Other Options:

Canoeing, Team Initiative Challenges, Mountain Biking, Visits To Places Of Interest, Bushcraft, Operation Search & Rescue, Orienteering, Forest Trek.