



PRO-ACTIVE ADVENTURE

Brecon Beacons



	Day 1	Day 2	Day 3
		Breakfast: 8:00	Breakfast: 8:00
		Activities: 9:00	Activities: 9:00
Activity	Arrive	Climbing & Abseiling	Sit On Kayaking
		Lunch: 12:30	Lunch: 12:30
	Activities: 13:00	Activities: 13:00	Activities: 13:00
Activity	Raft Building	Gorge Walk	Depart
	End Activities: 16:00	End Activities: 16:00	
	Evening Meal: 17:00	Evening Meal: 17:00	
Activity	Optional Extra 18:00 – 19:30	Optional Extra 18:00 – 19:30	

This is a sample programme only and can be changed to suit your needs, simply choose from the activities listed below at no extra cost. All activities will be delivered at an age and ability appropriate level.

Other Options:

Raft Building, Team Initiative Challenges, BMX Skills, Mountain Biking, Visits To Places Of Interest, Full Day Coasteering & Beach Games, Caving, Bushcraft, Operation Search & Rescue, Orienteering, Mountaineering.