



PRO-ACTIVE ADVENTURE

Brecon Beacons

	Day 1	Day 2	Day 3	Day 4	Day 5
		Breakfast: 8:00	Breakfast: 8:00	Breakfast: 8:00	Breakfast: 8:00
		Activities: 9:00	Activities: 9:00	Activities: 9:00	Activities: 9:00
Activity	Arrive	Gorge Walk	Raft Building	Mountaineering	Orienteering
		Lunch: 12:30	Lunch: 12:30	Lunch: 12:30	Lunch: 12:30
	Activities: 13:00	Activities: 13:00	Activities: 13:00	Activities: 13:00	
Activity	Team Initiative Exercises	Climbing & Abseiling	Sit On Kayaking	Mountaineering	Depart
	End Activities: 16:00	End Activities: 16:00	End Activities: 16:00	End Activities: 16:00	
	Evening Meal: 17:00	Evening Meal: 17:00	Evening Meal: 17:00	Evening Meal: 17:00	
Activity	Optional Extra 18:00 – 19:30	Optional Extra 18:00 – 19:30	Optional Extra 18:00 – 19:30	Optional Extra 18:00 – 19:30	

This is a sample programme only and can be changed to suit your needs, simply choose from the activities listed below at no extra cost. All activities will be delivered at an age and ability appropriate level.

Other Options:

Team Initiative Challenges, Mountain Biking, Full Day Coastering & Beach Games, Raft Building, Caving, Bushcraft, Operation Search & Rescue, Orienteering.