



PRO-ACTIVE ADVENTURE

Broad Haven



	Day 1	Day 2	Day 3
		Breakfast: 8:00	Breakfast: 8:00
		Activities: 9:00	Activities: 9:00
Activity	Arrive	Coasteering	Depart
		Lunch: 12:30	Lunch: 12:30
	Activities: 13:00	Activities: 13:00	
Activity	Body Boarding	Climbing	
	End Activities: 16:00	End Activities: 16:00	
	Evening Meal: 17:00	Evening Meal: 17:00	
Activity	Optional Extra Activities: 18:00 – 19:30	Optional Extra Activities: 18:00 – 19:30	

This is a sample programme only and can be changed to suit your needs, simply choose any activity from the list below at no extra cost. All activities will be delivered at an age and ability appropriate level.

Other Options:

Sit On Top Canoeing, Body Boarding, Team Initiative Challenges, Visit To Local Sites Of Interest, BMX Skills, Coastal Trek, Full Day Coasteering & Beach Games, Bushcraft, Operation Search & Rescue, Orienteering.