



PRO-ACTIVE ADVENTURE

Bryn Gwynant, Swallow Falls, Llanberis, Snowdon Ranger, Pen y Pass

	Day 1	Day 2	Day 3	Day 4
		Breakfast: 8:00	Breakfast: 8:00	Breakfast: 8:00
		Activities: 9:00	Activities: 9:00	Activities: 9:00
Activity	Arrive	Raft Building	Snowdon	Gorge Walk
		Lunch: 12:30	Lunch: 12:30	Lunch: 12:30
	Activities: 13:00	Activities: 13:00	Activities: 13:00	
Activity	Climbing & Abseiling	Canoeing	Snowdon	Depart
	End Activities: 16:00	End Activities: 16:00	End Activities: 16:00	
	Evening Meal: 17:00	Evening Meal: 17:00	Evening Meal: 17:00	
Activity	Optional Extra Activities 18:00 – 19:30	Optional Extra Activities 18:00 – 19:30	Optional Extra Activities 18:00 – 19:30	

This is a sample programme only and can be changed to suit your needs, simply choose any activity from the list below at no extra cost. All activities will be delivered at an age and ability appropriate level.

Other Options:

Blue Lake Buzz Day, Team Initiative Challenges, BMX Skills, Visits To Places Of Interest, Full Day Gorge Walk, Full Day Coasteering & Beach Games, Mine Exploration, Bushcraft, Operation Search & Rescue, Orienteering.