

PRO-ACTIVE ADVENTURE

HEALTH AND SAFETY PROCEDURE

Activity: Bush Craft

Minimum Instructor Competence:
ML, Expedition Leader, In House Trained.

Completed by: Clive Richley
Competence: Summer M.L.
Is the activity acceptably safe if managed as below? YES
Signature: *C. Richley*

Main Risks (numbered) People at risk: Participating staff and clients

- 1) Slips trips and falls
- 2) Burns
- 3) Splinters
- 4) Cuts and bruising
- 5) Sunburn
- 6) Hyperthermia
- 7) Water hazard
- 8) Food poisoning
- 9) Weils disease (leptospirosis) or other

How to manage/control/reduce these risks safely (corresponding numbers):

Staff hold relevant governing body qualifications were appropriate and a first aid certificate

- 1) Safety briefing will be given on arrival at location of any potential risk
- 2) Correct methods will be taught on fire control and usage (burns will be treated by qualified instructors and assessed)
- 3) Splinters can occur: parents and managers will be contacted straight away. (Minor surgery may be needed at hospital)
- 4) Knives or saws may be allowed for clients use at the discretion of the instructor. Instructor must brief and demonstrate correct usage. Direct supervision and control must be used all times. When shelter building instructor must check the stability of the structure before allowing clients to enter.
- 5) Sun block will be issued in direct sun light.
- 6) Emergency water will be carried by instructor and hats can be issued on sunny days.
- 7) Activity location may or will be kept close to small rivers with little risk to client. Clients will be observed by instructors at all times.
- 8) Correct Food hygiene will be used at all times.
- 9) Anti-bacterial gel will be given during and after activity.

Activity Instructors must ensure that full emergency details and a location plan is completed before the activity is undertaken and put in the Adventurous Activity File in the unit office.

Summoning Help: A call-out person is appointed before the activity takes place. This person is contacted on completion of the activity. If not contacted, they will take appropriate action.

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Minimum Equipment To Be Carried

Participants:

- 1) Warm clothing where necessary
- 2) Waterproof clothing where necessary
- 3) Food and drink for days activity

Participants are to report all defects or damage of equipment to the activity instructor Immediately.

Instructor:

- 1) First aid kit
- 2) Emergency food and drink
- 3) Extra warm clothing if required (waterproofs)
- 4) Sunblock if required
- 5) Fire starting kit, knife,
- 6) Torch and whistle
- 7) Water

Note: The instructor must remove any defective equipment from service, clearly labelling the item with what is wrong and notify the stores person.