

PRO-ACTIVE ADVENTURE

Activity: Risk Of Infection From Covid

Minimum Equipment To Be Carried

Minimum Instructor Competence: NGB instructor must familiarise themselves with current NGB guidance on Covid.	Completed by: Clive Richley Competence: Director Is the activity acceptably safe if managed as below? YES Signature: <i>C. Richley</i>
Main Risks (numbered) People at risk of Covid infection: Participating staff and clients 1) Clients arriving with Covid 2) Contact with an infected individual(s) 3) Contact with contaminated equipment 4) Travel in mini bus's 5) Checking the fitting of equipment 6) Infected activity location 7) Other users of the activity location 8) Eating while on activities 9) Contaminated PPE following activity	
How to manage/control/reduce these risks safely (corresponding numbers): Staff hold relevant governing body qualifications were appropriate, a first aid certificate and PPE (Hand sanitizer, mask and gloves) 1) The manager or senior instructor will check with the group prior to it's arrival that no one in the group has symptoms of covid. This will be confirmed on arrival 2) Wherever possible instructors will comply with the 2m social distancing guidance. If this is not practical then a mask must be worn. Do not touch your face or food until you have sanitized your hands after touching equipment fitted to customers or their clothing 3) All equipment must be sanitized after use and before another group uses it. Equipment that is allocated to a customer must remain for their sole use for the duration of the residential. Do not share personal equipment. Wear gloves when sanitizing and storing cleaned equipment 4) Driver must wear a mask once inside the vehicle. Seating will be staggered to minimise passenger proximity. The vehicle must be cleaned before the next group enters the vehicle 5) Give a thorough briefing and demonstration to the group prior to them fitting equipment. Use their peer group to do initial safety check on each other. For the final check wear a mask and do not touch face or food until you have sanitized 6) The manager or senior instructor will check with the local authority or land owner to check if there are any reports of infection at the site 7) Liaise with instructors from other groups to maintain distance and any operational procedures for the location 8) Anti-bacterial gel will be available during and after activity. Do not touch or eat food until your hands have been sanitized. Ensure that all customers put their individual food waste and packing in a bin bag which must be sealed once full. Dispose of in the hostel site bins. 9) Instructors to dispose of their PPE at the end of the session in the hostel site bins. Ensure that all customers do the same.	
Activity Instructors must ensure that full emergency details and a location plan is completed before the activity is undertaken and put in the Adventurous Activity File in the unit office.	
Summoning Help: A call-out person is appointed before the activity takes place. This person is	

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contacted on completion of the activity. If not contacted, they will take appropriate action.

Participants:

- 1) Individual warm clothing where necessary
- 2) Individual waterproof clothing where necessary
- 3) Individual food and drink for days activity
- 4) Individual sanitizer
- 5) Individual face mask

Participants are to report all defects or damage of equipment to the activity instructor Immediately.

Instructor:

- 1) First aid kit
- 2) Face mask
- 3) Gloves
- 4) Sanitizer
- 5) Full Waterproofs
- 6) Torch and whistle
- 7) Water

Note: The instructor must remove any defective equipment from service, clearly labelling the item with what is wrong and notify the stores person.