



PRO-ACTIVE ADVENTURE Pantienion Hall

	Day 1	Day 2	Day 3	
Activity	Arrive	Instructors Meeting: 8:30	Depart	
		School Briefing: 8:45		
		Activities: 9:00		
		Blue Lake Buzz Day		
		Lunch: 12:00		
	Activities: 12:30	Activities: 12:30		
Activity	Team Initiative Exercises On Site	Blue Lake Buzz Day		
	End Activities: 15:30	End Activities: 15:30		
	Evening Meal: T.B.C.	Evening Meal: T.B.C.		
Activity	Optional Extra Activities 18:00 – 19:30	Optional Extra Activities 18:00 – 19:30		

This is a sample programme only and can be changed to suit your needs, simply choose any activity from the list below at no extra cost. All activities will be delivered at an age and ability appropriate level.

Other Options:

Beach games, Sit On Kayaking/Canoeing, Archery, Mountaineering, Team initiative games, Bush Craft, Raft Building, Mine exploration, Orienteering, Search & Rescue, Body Boarding.